

## Fundraising and theme for Buddy Walk 2008

**Theme for 2008:** Last year, our theme was DADS (Dads Appreciating Down Syndrome). In 2008, with **Buddy Walks** happening in Sydney, Newcastle, Wollongong, Wagga Wagga, and other spots across NSW, we celebrate with the theme, **AAA - 'Access All Areas'**.

No area of family and community life should be off-limits just because someone has Down syndrome. We want to increase opportunities for children and adults with Down syndrome to **access all areas** in society - whether opportunities in education, in sport & recreation, in employment, in accommodation - opportunities to fully participate in 'all areas' and lead rich, diverse lives.

We want to raise funds to -

- \* Improve the way we provide information, support and services to **all communities across NSW**, and all families affected by Down syndrome, wherever they live.

- \* Improve the broader community's understanding of people with Down syndrome, their individual needs and abilities, so we can build a more inclusive, supportive society - that scores a '**AAA**' rating (Access all Areas).



Want to hold a **Buddy Walk** in your local neighbourhood? It doesn't matter where you are, you can join in **Buddy Walk - Australia 2008!**

Call Priscilla 0402 503 885 priscilla@dsansw.org.au



**FUN**draising: The emphasis is on the 'FUN' part of 'fundraising' - simply set a target; ask relatives, friends, neighbours, schoolmates, workmates, your club, whoever you like, to sponsor your Walk, kick in a few dollars to help you reach your target, for a great cause!

You can even create your own **Buddy Walk Hero Page** on the web and email it to all your friends, colleagues and family, wherever they are in the world.

Go to [www.buddywalk.org.au](http://www.buddywalk.org.au) - create your own **Hero Page** in seconds, email everyone you know, and watch your 'hero meter' rise!



Join us in 2008  
for the largest  
event for  
Down syndrome  
ever held!

Celebrate  
Down Syndrome Awareness Week  
(12 - 19 Oct) at **Buddy Walk - Australia!**

In 2008, **Buddy Walk** has grown into the first truly National event in celebration of people with Down syndrome and their families.

**Buddy Walks** will be held across Australia from coast to coast - from Sydney to Perth - from Brisbane to Wollongong....

Be part of history at  
Buddy Walk - Australia 2008!



Down Syndrome NSW

'steps to a brighter tomorrow'



## Buddy Walk in the 'Gong - Sunday 12<sup>th</sup> October

Take a leisurely stroll around beautiful Wollongong Harbour, then join in a casual picnic, sausage sizzle, face painting and other fun activities.

**Walk start:** 10:00am (registration essential)

**Start location:** Stuart Park, Wollongong

*'Have fun meeting old friends and making new ones at Buddy Walk 2008'*



For details on the 'Gong Walk or to volunteer call Tracy on

02 4272 9993

0439 729 993

tracybbarker@hotmail.com

buddywalk.org.au

## Buddy Walk - Newcastle Sunday 12<sup>th</sup> October

Join us on the shores of Lake Macquarie for a relaxing walk around the foreshore to Speers Point for a picnic.

**Walk start:** 10:00am (registration essential)

**Start location:** Warners Bay foreshore

For details or to volunteer call

Anna 0414 90 90 40 [anna.brown@sparke.com.au](mailto:anna.brown@sparke.com.au) or

Jennine - 0448 830 430



*"The best part of **Buddy Walk**? The time we got to share with family, friends and people we had never met before. It was nice to know that we all have something so wonderful in common, it gave us confidence that our children, even though they may be a little 'different' can be accepted for who they are amongst such a widespread and loving community." - Jo*



## Buddy Walk - Sydney Sunday 19<sup>th</sup> October

Sydney in springtime... no better place to be than by the Harbour... the Jacarandas blooming... the yachts darting... and the water glistening (usually) in that stunning spring sunshine.

You can have all that, great company, and a great cause too, by marking the finale to Down Syndrome Awareness Week at **Buddy Walk - Sydney!** Join us again for a beautiful harbourside walk and picnic.

Try out our **new, improved**, and more leisurely route this year from Circular Quay, across the Sydney Harbour Bridge, and down to Milson Park, Kirribilli.

**Walk start:** 10:00am (registration essential)

**Location:** First Fleet Park, Circular Quay

**Contact:** Priscilla for details

\*Tel 02 9683 1900 \* Mob 0402 503 885

[priscilla@dsansw.org.au](mailto:priscilla@dsansw.org.au)

Volunteering opportunities available for setting up, marshalling and other jobs.

[www.buddywalk.org.au](http://www.buddywalk.org.au)