



down syndrome WA



BUDDY WALK

Sunday 12th October 2008

Down Syndrome WA is holding its first Buddy Walk this October, and we invite you, your family and friends to take part in this great event. Buddy Walks will be held in a number of locations around Australia. If you live in rural or regional WA, why not organise a Walk in your area?

Buddy Walk was established in 1995 in the USA by the National Down Syndrome Society to celebrate Down Syndrome Awareness Month in October. Buddy Walk has grown from 17 walks in 1995 to more than 260 in 2007 across the US and around the world. More than 1.5m people have taken part since 1995.

Buddy Walk has three primary goals:

- To promote acceptance and inclusion of people with Down syndrome;
- To raise funds for a range of programs to make a difference for people with Down syndrome and their families;
- To enhance the position of the Down syndrome community, enabling us to positively influence local and national policy and practice.

Our Buddy Walk in Perth will be from the Belltower (or Brewery for a shorter walk) to Matilda Bay, followed by a Family Fun Day. Put the date in your diary and start collecting **sponsors** now. Ask as many people as you want to join you on the day or sponsor your walk.

The walk will be followed by:



FAMILY FUN DAY

Matilda Bay Reserve - 11am to 2pm

Hackett Drive, Matilda Bay, Nedlands

(Mounts Bay Rd end)



Entertainment will be fenced off for safety near the water, and will include a Bouncy Castle, Fire Engine Fun, Animal Farm, fun and games, music, dancing and much more. Food vans will be selling food and hot & cold drinks, and Down Syndrome WA merchandise will be on sale.