

Tibet/Nepal September 2009

Dear xxx,

I just wanted to let you know that I have registered for the OCF Tibet/Nepal cycle challenge from September 16th to October 11th.

OCF (The Oncology Children's Foundation) is a not-for-profit Children's Charity exclusively devoted to raising funds for medical research into finding a cure for childhood cancer.

I want to do this ride both as a personal challenge as well as a means by which I can raise funds for OCF in support of their determination to save the lives of children with cancer.

Participation will inevitably lead to a degree of pain and discomfort. But one thing is for sure. There will be relief when I cross the finish line.

I can only try to imagine the situation of a child with cancer or leukaemia, the pain that they have to endure and the pressure placed on friends and family. For many the pain never comes to an end. Over 700 Australian children under the age of 16 are diagnosed with cancer every year. Tragically, their mortality rate is one in four.

If you have five minutes please take the time to have a look at OCF's website at www.ocf.com.au With only three office staff they raised \$2.11m last financial year for the Oncology Research Unit (ORU) at The Children's Hospital at Westmead. The ORU is one of seven major children's cancer research units in the world that work as one for the benefit of all children with cancer, no matter where they live.

It will take you less than 3 minutes to sponsor me online and it could save the life of a child with cancer. All donations greater than \$2 are tax deductible.

To access my webpage on Everyday Hero go to (enter your Everyday Hero web address) where you can make a tax deductible donation using your credit card.

Alternatively, if more convenient I am happy to receive any donations directly and will ensure that you receive a tax receipt.

Any support you can give me would be very much appreciated.

Best wishes,

[enter your name]