

How you can help to provide a bright future for people living with Multiple Sclerosis

Your donation to MS Australia – ACT / NSW / VIC helps us to care for people living with Multiple Sclerosis (MS) and fund research into a cure for the disease.

\$50	Understanding MS Session will help a newly diagnosed person to attend an "Understanding MS" information session where they can learn about their diagnosis and get much needed support.	\$1,200	Neuropsychology Assessment will fund for a person living with MS to have a neuropsychology assessment to identify thinking & memory changes related to MS and a management plan.
\$150	Fatigue Management Class will enable a person to attend a four-week fatigue management class to learn how to manage their fatigue associated with MS.	\$1,900	Peer Support Training will enable a person with MS to be trained and supervised as a peer support volunteer offering emotional support to another person living with MS over a 12 month period.
\$225	Flexible Assistance Package will buy a flexible assistance package for a young person living with MS in a nursing home to enable them to go out with a carer and participate in a leisure or social activity.	\$1,900	Heat Management will provide a financial grant to purchase an air conditioner to help relieve MS symptoms made worse by summer heat.
\$300	Counselling Session will enable a person to attend a counselling session for experiencing depression relating to their diagnosis of MS.	\$2,650	Respite Care - One week will fund a weeks respite stay for a person living with MS to give them and their family a much needed break from their care routines.
\$350	Physiotherapy Session & Review will buy a physiotherapy assessment for a person living with MS, including a home program of exercises and a review.	\$5,500	Financial Grant: Electric Scooter will help a person living with MS buy an electric scooter so they can independently move around their local community.
\$460	Home Visit & Lifestyle Needs Plan will fund a home visit to a person living with MS to discuss their needs, develop an individual plan that addresses their symptom and lifestyle needs and link them into relevant services.	\$7,500	Rural Education & Consultations will fund a visit to a rural area by our team of health professionals to conduct education and consultations with people living with MS, their families and local health professionals.
\$725	In-home Attendant Carer will fund an in-home carer to provide a personal and domestic assistance over a weekend whilst their family carer has a short break.	\$10,000+	we can tailor a project for you to sponsor.