



# 40 years ago John and Yoko did it for peace

## On August 30 will you do it for Mitochondrial Disease?

On Sunday 30th August many Australians are going to stay in bed, and for a very good reason. To raise awareness and much needed funds for Mitochondrial Disease, a little known genetic disorder that robs you of your

energy. Sufferers often can't walk, hear or open their eyes, leaving it hard to get out of bed.

Make life a little easier for them by registering at [www.stayinbedday.org.au](http://www.stayinbedday.org.au) and

invite your friends to sponsor you to spend the day in bed.

Funds raised will be used to research for a cure for Mitochondrial Disease and donations are tax deductible.

For Mitochondrial Disease – a genetic disorder that robs you of your energy

Sunday 30th August

[www.stayinbedday.org.au](http://www.stayinbedday.org.au)

**STAY  IN  
BED DAY**