

Dear friends and family,

I have just registered for the City of Sydney Spring Cycle. This is going to be a demanding challenge! I am planning to raise money for the **Oncology Children's Foundation** in support of their determination to save the lives of children with childhood cancer. I would love you to support me and contribute to this great cause.

**Every year around 700 children are diagnosed with cancer.**

**200 won't survive.**

The **Oncology Children's Foundation (OCF)** is the only children's charity in Australia exclusively devoted to raising funds for medical research into childhood cancers. Their mission is to give our kids the wonderful gift of life. They have donated over \$6 million to the Oncology Research Units at The Children's Hospital, Westmead and at The University of NSW. Find out more information about OCF and their research at [www.ocf.com.au](http://www.ocf.com.au).

Please dig deep to sponsor me, your support will keep me going cycling up the steep hills! You can sponsor me at my website below.

**[Insert your Everyday Hero address.]**

And of course all donations are tax deductible and you will be emailed a tax receipt.

Spread the word! Thank you very much for your support.

Kind Regards,

**[Your name]**