

OUT NOW – A BOOK FOR EVERY SPORTS FAN

More than Sport!

What you will gain from the book

- an understanding of how to identify the skills and values that sport teaches
 - how these can be applied to excel in other areas of life
 - tips on making it to the top
 - what to do if you don't 'make it'
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- the power of embracing 'good sport' values on and off the field
- encouragement to overcome obstacles to succeed in life

Key contributors

Wayne Bennett (NRL Legend), **Leigh Matthews** (AFL Legend), **Jonathan Brown** (Brisbane Lions), **Seph Gilmore** (World Surfing Champ) **Libby Trickett** (Olympic Gold Medalist), **Emily Seebohm** (Olympic Gold Medalist), **Duncan Free** (Olympic Gold Medalist), **Nathan Sharpe** (Wallaby), **Jason Culina** (Socceroo), **Chris Vermeulen** (Moto GP), and more...

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Incredible success stories on and off the field

Jacob Gough explores the skills and values that sport teaches each and every participant at every level in every sport. He chats with some of Australia's greatest athletes and those who didn't make a career of their chosen sport – yet put their skills to good use to 'make it' in other areas of life.



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