

RAISE MONEY FOR YOUR FAVOURITE SPORTS CLUB and get our community active

The Sports Rewards Foundation is pleased to present Sportember (the month formerly known as September). The month is dedicated to celebrating the true benefits of participating in grass-roots sport and engaging in a healthy lifestyle.

WHAT HAPPENS IN SPORTEMBER?

30 Day Lifestyle Challenge

Exercising for 30mins a day for 30 days!

- ★ We encourage you to register for the challenge – its free!
- ★ Generate sponsorship for your quest from friends, family and work colleagues (much like men growing a 'Mo' in Movember). For every \$5 a person contributes they get one ticket in the draw of our major raffle – the chance to win lunch with their favourite sports star!
- ★ 100% of the profits raised by you goes to your selected Sports Club.
- ★ So help your favourite club and get fit, active and healthy all at once.



National Sports Day

- ★ All Australians are encouraged to wear their favourite teams sporting gear to work one day in the month of Sportember that the workplace agrees upon.
- ★ There is a small \$10 registration fee (which gives you some great gifts and a ticket in the draw to win lunch with your favourite sports star).



Donation of used sporting equipment

- ★ Everyone has used sports gear at home that could be utilised by someone less fortunate. Go to the website: www.sportember.com.au to find your nearest drop off point.



To register or find out more visit our website: www.sportember.com.au
or email: admin@sportsrewards.org