



**BRING IT TO
THE TABLE**

**SUPPORT ALZHEIMER'S
SOCIALISE AUSTRALIA**

ABOUT US **HOW YOUR SUPPORT HELPS**

Your support enables us to continue providing these vital programs and services.

What we do

Alzheimer's Australia Vic provides a range of programs and services, all designed to help people living with any form of dementia, and their families and carers, deal better with their diagnosis, cope with the day to day challenges, and plan for the future.

Living with Memory Loss Program (LWML)

Generally running over six weeks, the Living with Memory Loss program provides peer support, information and practical advice in a group setting to people diagnosed with early stage dementia and their family members. This program develops the building blocks that support people to manage their lives while living with dementia.

Mild Cognitive Impairment

This program supports people concerned about their memory or who have mild cognitive impairment. The group program focuses on teaching simple strategies for managing everyday memory difficulties.

Counselling services

Counsellors provide individual, couples or family counselling in relation to living with dementia.

Family counselling service

This provides family counselling to individuals, families and children of people with dementia and where relationship difficulties are a key factor.

Learning

As a Registered Training Organisation we offer accredited programs and a broad range of dementia specific workshops and seminars for health professionals and care workers. We also offer free workshops and seminars for people with dementia, their families and carers, as well as the general community.

Early intervention services

We are dedicated to working with people diagnosed with early stage dementia in recognition that this can be a very challenging time for the person diagnosed, their family and friends. Our range of Early Intervention services aim to support people in a tailored, individualised way.

Dementia research in Victoria

Annually we distribute grants to fund research projects undertaken by Australian based dementia researchers, with priority given to projects based in Victoria or with potential benefits especially relevant to Victorians living with dementia.

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