



**MY LEGACY FOR A FUTURE
WITHOUT DEMENTIA**

**A BEQUEST TO ALZHEIMER'S
WILL SAVE AUSTRALIA**

Together we can

BARBARA POTTER AM

Foundation President of Alzheimer's Australia Vic 1983-88



Searching for a suitable nursing home to take care of her mother sparked such outrage in Barbara Potter that it led to the formation of Victoria's first Alzheimer's organisation. From its humble beginnings more than 30 years ago, Alzheimer's Australia Vic has grown into a world leading organisation setting the pace for dementia care, support, advocacy, education and research.

"I still remember walking in. I was appalled at the hideous facilities and the low standard of care. I couldn't believe people could be so horribly and poorly treated.

Back in the old days nobody would admit that a family member had dementia. It had a really bad name and a terrible stigma associated with it. They were labelled so negatively. And the facilities had the connotation of a lunatic asylum.

I thought my mother couldn't be the only one with this problem. I found there were a lot of people who were desperately interested to make things better for people living with dementia.

A steering committee was formed and a public meeting was called in March 1983. Five hundred people filled the hall. It was decided then that carers, families and people living with dementia should never be without support.

People wanted more and better information, better care and government recognition for an organisation that really started that night."

That was more than 30 years ago.

Today Alzheimer's Australia Vic is a world leader in dementia policy, risk reduction, service delivery, support, education and advocacy.

"They say it takes a village to raise a child. Well it takes an entire community to look after someone with dementia.

We need to support people living with dementia. We need to support their families and carers. They all need encouragement and to talk to someone when they are bursting. They will achieve so much more if they have services at their fingertips.

Alzheimer's Australia Vic must keep developing, for the sake of future generations.

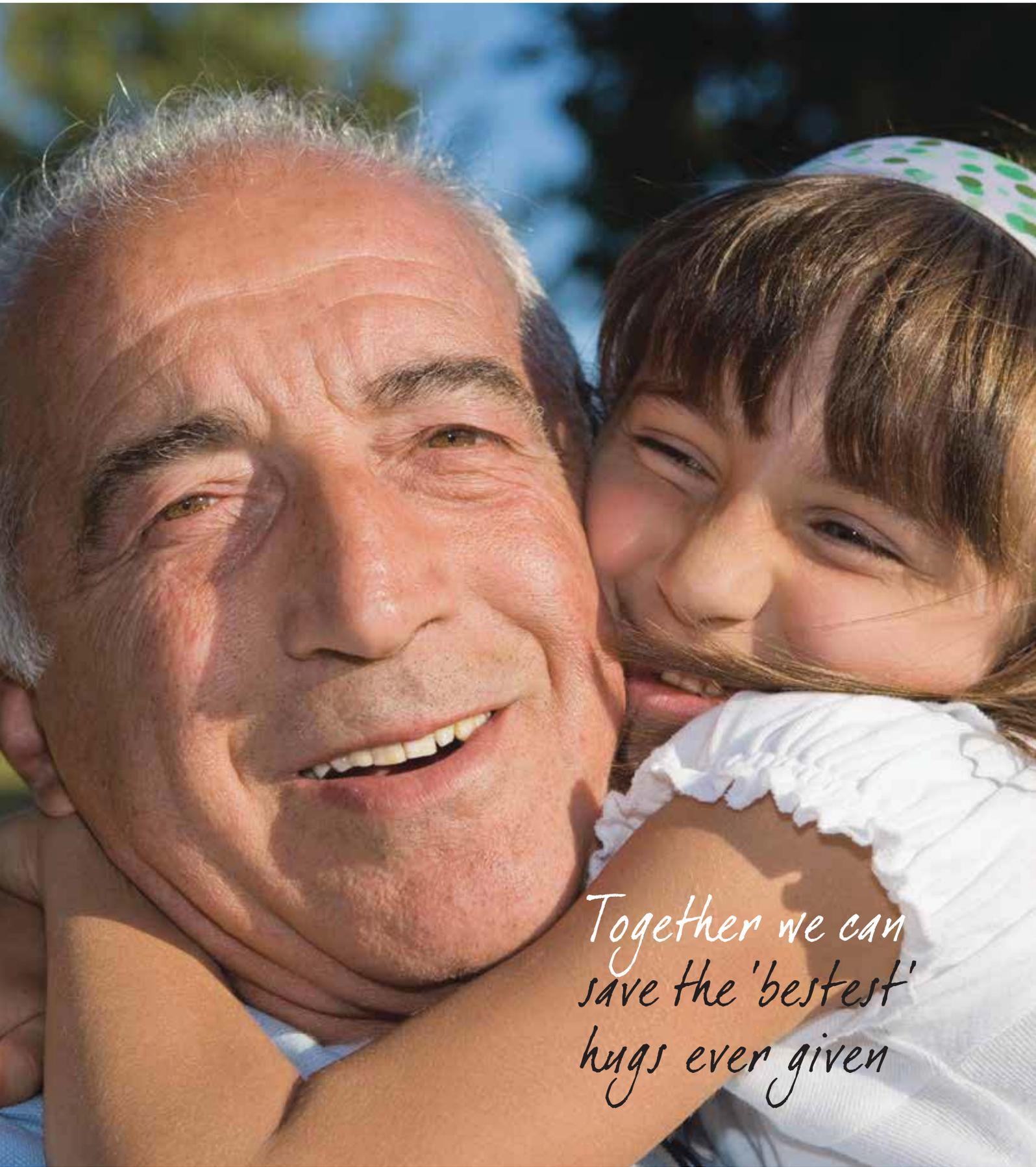
Unfortunately, Alzheimer's Australia Vic does not receive enough money from governments to fund the increasing demands on services.

This is why gifts in Wills are of vital importance.

Gifts in Wills allow us to keep progressing, to support people living with dementia and to provide them with the best possible services.

Every bequest will help secure our future."

'Please join me in making a bequest, together we can make a difference.'



*Together we can
save the 'bestest'
hugs ever given*

DEMENTIA

What is it?

Dementia is a major national health issue in Australia today. It affects more than 320,000 Australians – including one in four over the age of 85 – making it the third leading cause of death in Australia. There is no cure.

Dementia is a collection of symptoms that are caused by disorders affecting the brain. It affects thinking, behaviour and the ability to perform everyday tasks. There are many types of dementia. The most common form is Alzheimer's disease.

It is not a normal part of ageing, although the risk increases with age. It can also affect people in their 30s, 40s and 50s, and can last for more than 20 years. It impacts the whole family.

Our ageing population means that the number of people with dementia is rapidly rising, putting increasing pressure on dementia service delivery.

ALZHEIMER'S AUSTRALIA VIC

About us

Alzheimer's Australia Vic is the charity and peak body representing people with dementia in Victoria. We are committed to the prevention of dementia and development of a world-leading dementia care system.

Alzheimer's Australia Vic provides support, information, education, and counselling and referral services to Victorians living with dementia, their families and carers and the health profession. We also provide leadership in dementia policy, risk reduction and research.

Until a cure is found, Alzheimer's Australia Vic is determined to deliver the best services available to all Victorians living with dementia.

*Together we can
save the tastiest
moments ever made*



YOUR LEGACY

A world without dementia

Leaving a gift in your Will is the ultimate gift you can make to enhance the lives of all Victorians living with dementia and help create a future without dementia.

A bequest will ensure Victorians receive the best services and most cutting edge programs available. Your gift will also help improve the quality of life of people living with dementia and fund crucial research to ensure future generations can live without dementia.

A bequest costs you nothing now but will have an everlasting impact on our future.

YOUR WILL TO BEAT DEMENTIA

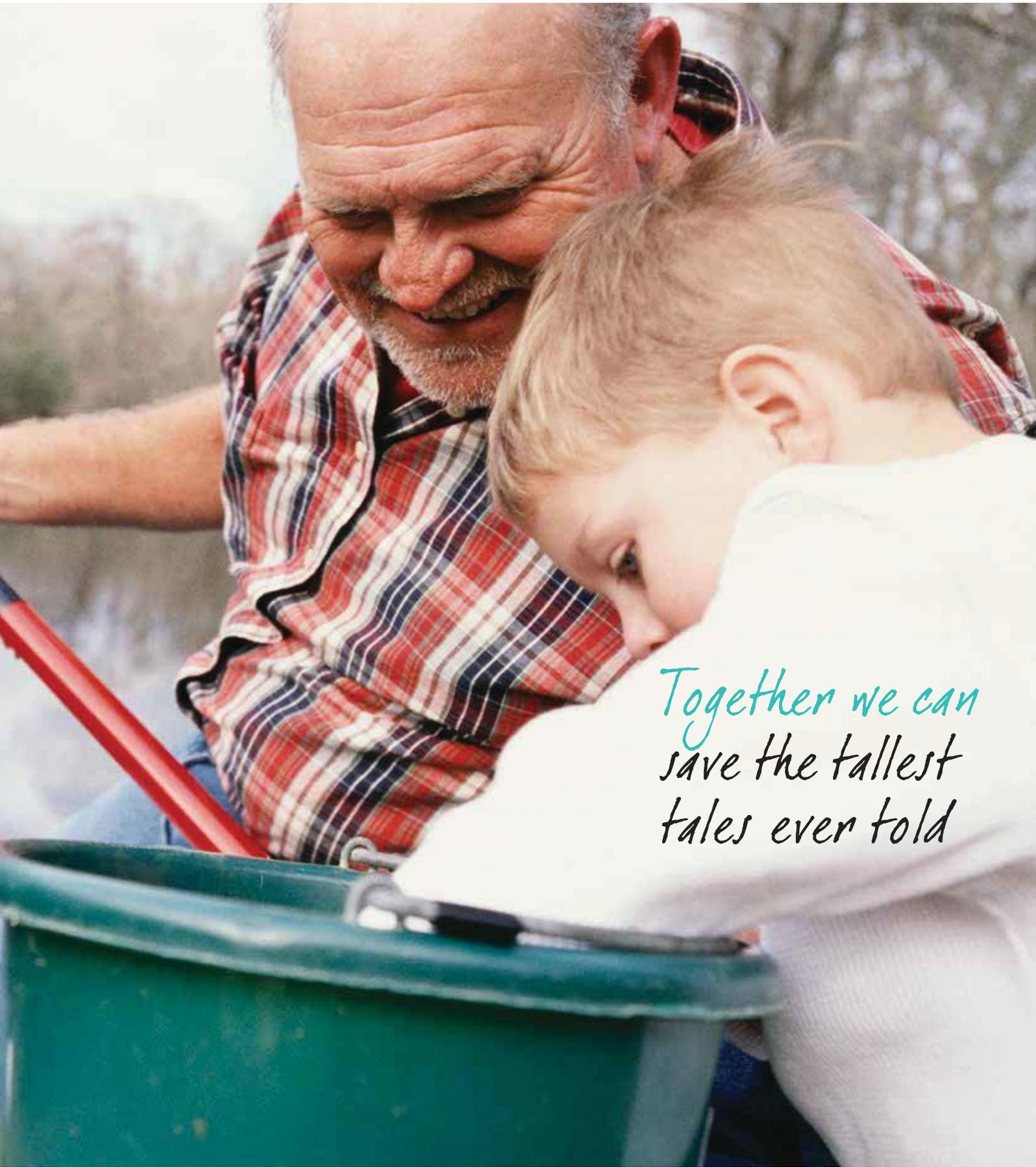
Why you need a Will

Making a Will and leaving a legacy is a very personal decision. A Will ensures your personal wishes will be honoured. It is also the first step in supporting the people and causes you love and care about.

Ideally you should consult a legal advisor, such as a solicitor or trustee, to ensure your Will is subject to the laws in Victoria.

It is important to review your Will regularly. Key milestones when you should update your Will include marriage, birth of children, separation or divorce, retirement or a death in the family.





*Together we can
save the tallest
tales ever told*

LEAVING A BEQUEST

Types of bequests

After providing for your family and friends, you may consider leaving a bequest to Alzheimer's Australia Vic.

Whether large or small your bequest will help us fund vital dementia projects, services and research that otherwise may not have been possible.

There are a variety of ways to make a bequest to Alzheimer's Australia Vic, including:

- Residue (whole). The remainder of your estate after you have allocated any specific bequests
- Residue (percentage). A percentage of the remainder of your estate
- A specific dollar amount
- Proceeds from the sale of certain assets such as shares, securities or life insurance
- Contingent bequest, should a loved one pre-decease you
- A living bequest. Gifting your bequest now rather than update a Will

Can my Will be changed?

Even if you already have a Will you can still leave a gift to Alzheimer's Australia Vic.

If your changes or additions are minor, a simple addition (codicil) to your existing Will may be suitable. Your legal advisor can assist you.

To make a bequest to Alzheimer's Australia Vic we suggest the following wording:

"I bequeath to Alzheimer's Australia Vic Inc., of 98-104 Riversdale Road Hawthorn Victoria, for its general purposes (*insert the sum of \$... /or portion of estate/ or description of property*). I declare that the receipt of the treasurer or other proper officer shall be sufficient discharge for my executors and/or trustees."



*Together we can
save a lifetime of
precious memories*

MAKING A DIFFERENCE

How your bequest will help

Alzheimer's Australia Vic would never have achieved the success it has without the vision of those who have left us gifts in their Wills.

By including Alzheimer's Australia Vic in your Will, we can continue to:

- provide a better quality of life for Victorians living with dementia
- provide specialised dementia support, education, information and advocacy
- research and develop world-leading, cutting-edge innovations to assist people with dementia and enhance their lives
- Work towards a future without dementia

How is my bequest used?

By including Alzheimer's Australia Vic in your Will, your gift will be used to:

- Increase awareness and understanding of dementia
- Identify effective strategies to prevent and delay the onset of dementia
- Promote better quality dementia care that is evidence-based
- Improve advocacy and empower consumers to ensure people with all forms of dementia are heard and provided with services that best address their needs
- Encourage research initiatives

The best way to help is to leave your bequest to Alzheimer's Australia Vic 'for its general purposes'. This allows us to apply your funds where there is the most urgent need at the time.

Should you prefer your gift to be used in a particular way, please discuss your wishes with your solicitor and/or our Planned Giving Manager.

*Together we can
save a million
'I love you's*



THANK YOU

Alzheimer's Australia Vic is deeply grateful to all its supporters for their generosity and contribution to enhance the quality of life of all Victorians living with dementia, their families and carers.

Your gift, whether large or small, will help us achieve a future without dementia.

If we don't already know, please tell us about your bequest. It allows us to thank you and properly fulfil your wishes.

*Together we can
beat dementia*

For more information or a confidential discussion please call our
Planned Giving Manager on **03 9815 7800**
or email **vic.bequests@alzheimers.org.au**



ALZHEIMER'S AUSTRALIA VIC

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