

Vision Sisters: 5 min talk

Look through the [Useful Facts](#) document to familiarise yourself with the situation for our Sisters and their babies in countries like Uganda. You might like to pick some facts to include in your talk.

[Before your talk]

We recommend playing the Vision Sisters video prior to speaking to your group. This is available to view [here](#) – or you can download it from the [Vision Sisters resources page](#).

You could also display the sample birthing kit we will send you in your welcome kit.

[Suggested speaking notes]

Our group (insert name of group here) is getting behind this exciting opportunity World Vision has started called Vision Sisters.

Vision Sisters are Australian women joining together to stand by our sisters facing poverty and injustice around the world.

I don't know about you, but I'm the type of woman who – when I see my sisters in need – wants to roll up my sleeves and do something to help.

Each year Vision Sisters pick a project that will make a big impact on the lives of our sisters in some of the world's poorest countries.

Our first project is to provide:

- Pack and send 60,000 clean birthing kits, and
- Raise \$140,000 to train volunteer community health workers to provide care and support to pregnant and new mums and their babies.

A clean birthing kit is so basic that it costs less than a cup of coffee. It contains 6 items, needed to ensure a clean deliver. [you could show them each item and explain its use]. These tiny kits help prevent infection and could save the lives of a mother and her baby.

But the kits alone aren't enough – through our Sister Gifts we are also providing care for mothers and their babies during and after delivery by helping World Vision to train volunteer community health workers. These health workers support women in the most remote communities – and provide support to mothers who may not be able to access a health clinic.

For any woman who has given birth in Australia, you know how important it is to have support during this crucial time – and in the first few years of your baby's life. In Uganda, almost half of all pregnant women in Uganda give birth without the help of a skilled health worker.

So what are **we** going to do to help our sisters? **(State your goal to your people)**

We are going to fundraise to help save mothers and babies in countries like Uganda and are aiming for [insert number] of packs/dollars.

We will then hold a special event where we will pack the kits ourselves ready to be sent to a World Vision project in Uganda.

If Vision Sisters groups like us around Australia do so well that we exceed our expectations, the extra clean birthing kits will be sent to countries urgently in need of the clean birthing kits, like Afghanistan, Tanzania or the Democratic Republic of Congo.

What can you do?

You can donate a 'Sister Gift' to support your sisters in the world's poorest countries, like Uganda:

A \$30 Sister Gift will help provide six clean birthing kits, and contribute \$12 to help train health workers

A \$50 Sister Gift will help provide ten clean birthing kits, and contribute \$20 to help train health workers

A \$100 Sister Gift will help provide twenty clean birthing kits, and contribute \$40 to help train health workers

So please join with us and tell others about it. Tell your mothers, sisters, daughters, friends, neighbours to help our sisters in the world's poorest countries to have a clean safe birth. Share with other school mums, people you are in

playgroup with share with the mums at soccer on Saturday. Let's make a difference to mum's who have the right to have their babies safely.

If you haven't had an opportunity to give yet, here's how you can get involved:

We have created an online supporter page so that you can make your donation online and you can also share this page with others. If you'd prefer to give directly via a bank, you can download the instructions to do this on our site.

Look up our page just put Vision Sisters into your search engine and then look up our team name on the 'Find Fundraisers' page.

Our team name is [state name of group]

I am excited that we are going to be Vision Sisters and make a difference in the world.

Thanks!